#### What is EXTRA?

The EXTRA Program is designed to provide a more competitive environment for the skilled player who is looking for a greater challenge than our Core Program. This program is available for U9-U12 divisions (player born from 2009-2012)

The EXTRA Teams play other EXTRA Teams from other Regions throughout Area E. EXTRA Teams continue practice and engage in tournament play during the winter months and in Spring within the Area E Extra Academy. Tournaments may require Travel. Players on the EXTRA Teams are selected during a blind tryout by impartial judges. The EXTRA Season cost is higher than the Core Program. Some of the additional costs include: uniforms, training gear, tournament fees, and travel costs. In addition, there is a higher level of commitment for this program.

### How does my player tryout?

- 1. Complete payment for the Fall 2020 season online. https://ayso.bluesombrero.com/region177
- 2. Complete the form to attend tryouts <a href="https://forms.gle/cCy74p5i99aDuGJZ9">https://forms.gle/cCy74p5i99aDuGJZ9</a> (MUST be completed by 24 hours before try out)

## Where and when are the tryouts?

It is strongly encouraged that players attend both tryouts for THEIR BIRTH YEAR!!!

Who	When	Time
2012 Boys	Tuesday, September 1 Thursday, September 3	5:15pm - 6:30pm 5:15pm - 6:30pm
2012 Girls	Tuesday, September 1 Thursday, September 3	5:15pm - 6:30pm 5:15pm - 6:30pm
2011 Boys	Tuesday, September 1 Thursday, September 3	5:15pm - 6:30pm 5:15pm - 6:30pm
2011 Girls	No Team because No Coach	
2010 Boys	Monday, August 31 Wednesday, September 2	5:15pm - 6:30pm 5:15pm - 6:30pm
2010 Girls	Monday, August 31 Wednesday, September 2	5:15pm - 6:30pm 5:15pm - 6:30pm
2009 Boys	Monday, August 31 Wednesday, September 2	5:15pm - 6:30pm 5:15pm - 6:30pm
2009 Girls	Monday, August 31 Wednesday, September 2	5:15pm - 6:30pm 5:15pm - 6:30pm

Location TBD

# What should my player wear/ bring?

- \*\*\* You CANNOT wear anything EXTRA or Allstar \*\*\* (including jerseys, shorts, or socks)
- Athletic shorts
- White t-shirt
- Shin guards,
- Cleats
- Soccer ball (Size 4)
- Water

## Who can tryout?

- \*\*\* You can only tryout for your birth year \*\*\*
- Boys and Girls born in 2012
- Boys born in 2011
- Boys and Girls born in 2010
- Boys and Girls born in 2009